



Pitney Meadows Community Farm

Food Sovereignty Internship

223 West Ave, Saratoga Springs, NY 12866

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<https://www.pitneymeadowscommunityfarm.org>

Founded in 2016, Pitney Meadows Community Farm's mission is to celebrate and explore agricultural education, healthy food production, and recreation. Located on 166 acres in the heart of the City of Saratoga Springs and preserved in perpetuity as a working farm, Pitney Meadows is a unique resource. We are committed to being good stewards of the land and serving the community that invested their own tax dollars to preserve the Farm as open space.

Pitney Meadows offers a broad array of opportunities to engage with the land and our community. More than 100 beds are available to individuals, families and organizations to grow their own produce in our Community Gardens, supported by an on-site Community Gardens Manager. In our 11-acre agricultural production area, our CSA members can pick their own vegetables, learn about sustainable farming, taste, and learn to cook with new varieties of vegetables, and volunteer to support farm production. Our farm store, open to visitors from dawn to dusk seven days a week, features products from other local farms in addition to our own produce. An accessible trail system circles the farm, open to walkers, runners, bikers, and dogs on leashes.

The Farm strengthens the community through our Sovereign Gardens Initiative, which empowers local organizations serving food insecure individuals to develop and maintain on-site gardens. In addition, the Farm partners with local healthcare providers to give patients struggling with chronic diseases the nutrient-dense produce and culinary education they need to improve their health. We donate roughly 100,000 servings of nutrient-dense produce annually to food pantries and other social service organizations in the region.

Our farm is alive with creativity and dedicated community engagement, offering a productive and joyful place for volunteers, employees and visitors. As we continue to grow and develop new programs, we aim to create a dynamic, inclusive, and resilient community that thrives on a shared commitment to the well-being of our environment and each other. Together, we seek innovative ways to not only sustain our agricultural endeavors but to also sow the seeds of a more vibrant, compassionate, and interconnected community.

Pitney Meadows Community Farm (PMCF) maintains a policy of non-discrimination with all employees and applicants for employment. All aspects of employment are based on merit, competence, and qualifications. It is the policy of PMCF in recruiting, hiring, training, and promoting employees to select the best qualified individuals without regard to age, race, color, national origin, marital status, gender (including gender identity and transgender), religion, sexual orientation, military status, genetic information, disability, domestic violence victim status, familial status or any other characteristic protected by law.

Internship Description:

The Pitney Meadows Food Sovereignty Internship offers candidates an opportunity to develop or build upon farming, community building, and volunteer engagement skills while fostering the sense of community and connection to our mission and the greater Farm. This position assists the Food Sovereignty Coordinator in all aspects of our Food Sovereignty programs, including crop production, produce donations, healthy food initiatives, and our garden support program.

Responsibilities:

- Perform day to day tasks involved with crop production including planting, irrigation, weed management, trellising, pest and disease scouting and control, and crop fertility.
- Assist with harvesting, washing, and packing crops for distribution to donation partners, Farm Stand, CSA members, and wholesale accounts.
- Assist with Wash/Pack area maintenance and record keeping.
- Support Farm programs including volunteer/public events, cooking classes, and community partnerships
- Assist with communications and outreach to Food Sovereignty partners and volunteers.
- Work with the Food Sovereignty Coordinator to identify and develop a relevant project of interest over the course of the internship. The intern will present the final project and findings at a Board Meeting and/or public forum later in the season – date to be determined.

Qualifications:

- Understanding and interest in the mission of Pitney Meadows Community Farm.
- Ability to work independently and as part of a team with diverse groups of people.
- Good written and interpersonal skills.
- Energetic and eager to learn.
- Focused time management skills, efficiency, and consistent attention to detail.
- Strong work ethic with a positive and motivated attitude in all weather conditions.
- Ability to perform moderately strenuous labor, including lifting up to 50 lbs and standing for long periods of time.
- Knowledge and experience with farming and sustainable, organic growing practices is preferred though not required.

Terms and Compensation:

This internship is a **seasonal** position spanning from mid May until early September. The intern is expected to work 20-25 hours per week, with the exact amount varying based on the projects agreed upon between the intern and manager. We ask that you be willing to work some weekends and be flexible with your availability in general, as hours may vary from week to week.

The intern will be compensated for their summer work with an hourly wage of \$14-15/hr (depending on experience level) or can be a for-credit internship.

To apply: If you are interested in applying for the Food Sovereignty Internship, please

submit a cover letter and resume to the following email: jobs@pitneymeadows.org
Applications will be accepted and evaluated on a rolling basis. Any questions regarding this position can be sent to the Food Sovereignty Coordinator, Daniel Williams, at daniel.williams@pitneymeadows.org